

PECO Cross Country League 2022-23: Race 4 (Middleton Park)

Senior Ladies Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	2858	Kemshall	Sarah	St Therasas AC	FSEN	29:56	1		
2	3008	Cairns	Hannah	Wharfedale Harriers	FSEN	30:47	2		
3	2365	Burton	Flick	Hyde Park Harriers	FSEN	31:00	3	Y	
4	2972	Whalley	Rebecca	Valley Striders AC	FSEN	31:02	4		
5	2848	Grant	Jane	St Therasas AC	FSEN	31:28	5		
6	2315	Jackson	Niamh	Horsforth Fellandale	F40	31:50	1	Y	
7	2920	Harris	Samantha	Valley Striders AC	F40	31:54	2		
8	3171	Hardy	Emma	Rothwell Harriers & AC	F40	32:05	3		
9	2590	Johnson	Flora	Leeds & Bradford Triathlon Club	FSEN	32:17	6		Y
10	2275	Ellis	Davina	Harrogate Harriers & AC	F40	32:24	4		
11	3189	Kaars Sijpesteijn	Katie	Roundhay Runners	F35	32:27	1	Y	
12	2996	Legg	Emily	Wetherby Runners AC	FSEN	32:34	7		
13	2246	Whiteman	Jen	Chapel Allerton Runners	FSEN	32:57	8		
14	2725	Fowler	Morag	Roundhay Runners	F45	33:07	1		
15	3270	Kitchen	Ruth	Ilkley Harriers	FSEN	33:13	9		
16	2830	Ballantyne	Emma	St Therasas AC	FSEN	33:31	10		
17	2953	Shanks	Sarah	Valley Striders AC	F40	33:35	5		
18	2045	Kondo	Masako	Abbey Runners	F45	33:37	2		
19	2455	Taswell-Fryer	Eliza	Hyde Park Harriers	FSEN	33:40	11		
20	3435	O'mahony	Kat	Valley Striders AC	FSEN	33:44	12		Y
21	2438	Ramsden-Young	Amy	Hyde Park Harriers	FSEN	33:52	13		
22	3070	Clark	Faye	Abbey Runners	FSEN	33:54	14		
23	2357	Baldry	Honor	Hyde Park Harriers	F35	33:57	2		
24	2912	Davidson	Rachel	Valley Striders AC	FSEN	33:59	15		
25	2768	Walford	Rebecca	Roundhay Runners	FSEN	34:03	16		
26	3173	Robbs de La Hoyde	Fran	Rothwell Harriers & AC	FSEN	34:14	17		
27	2414	Jobson-Wood	Lucy	Hyde Park Harriers	FSEN	34:15	18		
28	3405	Morgan	Helen	Ackworth Road Runners	F50	34:17	1		
29	2761	Say	Julia	Roundhay Runners	F45	34:38	3		
30	3000	Reeve	Angela	Wetherby Runners AC	F45	34:41	4		
31	2025	Fox	Hannah	Abbey Runners	FSEN	34:58	19		
32	2018	Cobo	Andrea	Abbey Runners	FSEN	34:59	20		
33	2957	Spencer	Amanda	Valley Striders AC	F50	35:02	2		
34	2938	Nancolas	Hayley	Valley Striders AC	F40	35:18	6		
35	3055	Hurn	Lucy	York Triathlon Club	F45	35:20	5		
36	2870	Roddy	Annie	St Therasas AC	F40	35:33	7		
37	3366	Walmsley	Nicola	Roundhay Runners	F40	35:43	8		
38	2623	Sheppard	Amy	Nidd Valley Road Runners	F40	35:44	9		
39	2337	Lawrence	Becky	Horsforth Harriers	F45	35:49	6		
40	3031	Hayward	Jess	York Postal Harriers	FSEN	35:51	21		
41	2133	Cartwright	Poppy	Airecentre Pacers	FSEN	35:55	22		
42	2602	Francis	Laura	Nidd Valley Road Runners	FSEN	35:57	23		
43	2036	Hutchison	Kirsten	Abbey Runners	F40	35:57	10		
44	2150	Peake	Brenda	Airecentre Pacers	F45	35:57	7		
45	2066	Phillips	Laura	Abbey Runners	FSEN	36:10	24		
46	2508	Follows	Emily	Kippax & District Harriers	F40	36:19	11		
47	2363	Brown	Emma	Hyde Park Harriers	FSEN	36:19	25		
48	2462	Underwood	Sarah	Hyde Park Harriers	FSEN	36:23	26		
49	3177	Wix	Emily	Rothwell Harriers & AC	FSEN	36:26	27		
50	2739	Lilley	Alice	Roundhay Runners	FSEN	36:26	28		

51	2241	Sturley	Charlotte	Chapel Allerton Runners	FSEN	36:28	29		
52	2071	Richards	Alexandra	Abbey Runners	FSEN	36:32	30		
53	2269	Beeden	Georgina	Harrogate Harriers & AC	FSEN	36:39	31		
54	2280	Gill	Sarah	Harrogate Harriers & AC	F55	36:42	1		
55	2044	Keys	Anna	Abbey Runners	F40	36:43	12	Y	
56	2684	Hillarby	Cat	Rothwell Harriers & AC	FSEN	36:44	32		
57	3036	Mamalis	Lou	York Postal Harriers	FSEN	36:45	33		
58	2273	Charleton	Angela	Harrogate Harriers & AC	F50	36:59	3		
59	2991	Edmondson	Gill	Wetherby Runners AC	F45	37:07	8		
60	3097	Aylesbury	Amelie	Harrogate Harriers & AC	FSEN	37:14	34		
61	2142	Humphries	Kate	Airecentre Pacers	F35	37:43	3		
62	2713	Blakeley	Alyson	Roundhay Runners	F45	37:47	9		
63	2724	Eastwood	Nikki	Roundhay Runners	F55	37:47	2		
64	2750	Page	Kerrie	Roundhay Runners	FSEN	37:50	35		
65	2083	Smith	Katie	Abbey Runners	FSEN	37:51	36		
66	2965	Trevorrow	Pip	Valley Striders AC	F45	37:53	10		
67	2029	Haggas	Sarah	Abbey Runners	F45	38:01	11		
68	3107	O'brien	Louise	Horsforth Fellandale	F45	38:03	12		
69	2904	Adams	Liz	Valley Striders AC	F45	38:06	13		
70	2320	Muir	Marion	Horsforth Fellandale	F45	38:11	14		
71	2558	Sheehan	Therese	Kirkstall Harriers	F35	38:20	4		
72	2322	Shepherd	Tanya	Horsforth Fellandale	F35	38:20	5		
73	2670	Best	Katie	Rothwell Harriers & AC	FSEN	38:21	37		
74	3098	Gibson	Lauren	Harrogate Harriers & AC	FSEN	38:25	38		
75	3033	Hodson	Natalie	York Postal Harriers	F35	38:31	6		
76	2542	Kearns	Rachael	Kirkstall Harriers	FSEN	38:35	39	Y	
77	2154	Williams	Gina	Airecentre Pacers	F45	38:38	15		
78	3407	Vamplew	Lucy	Ackworth Road Runners	F40	38:42	13		
79	3035	Johnson	Amy	York Postal Harriers	F40	38:43	14		
80	2075	Roden	Helen	Abbey Runners	F50	38:45	4		
81	2005	Ashworth	Becky	Abbey Runners	FSEN	38:49	40		
82	2732	Heaton	Jo	Roundhay Runners	FSEN	38:50	41		
83	3273	Taylor	Lizzie	Harrogate Harriers & AC	FSEN	38:52	42		
84	3214	Bucknell	Julie	Wetherby Runners AC	F45	38:52	16		
85	2124	Smith	Charlotte	Ackworth Road Runners	F35	38:54	7		
86	2334	Fox	Judith	Horsforth Harriers	F50	38:56	5		
87	2382	Draisey	Ruth	Hyde Park Harriers	FSEN	38:57	43		
88	3345	Keighley	Holly	Chapel Allerton Runners	FSEN	38:59	44		
89	2172	Barnes	Philippa	Chapel Allerton Runners	F40	39:05	15		
90	2471	Bennett	Alison	Ilkley Harriers	F60	39:07	1		
91	2409	Houghton	Vicky	Hyde Park Harriers	F40	39:08	16		
92	2381	Downs	Emily	Hyde Park Harriers	FSEN	39:09	45		
93	2522	Robins	Fiona	Kippax & District Harriers	F45	39:14	17		
94	3109	Elliott	Bev	Horsforth Harriers	F45	39:18	18		
95	2959	Sunderland	Sue	Valley Striders AC	F60	39:21	2		
96	2214	Knowles	Tessa	Chapel Allerton Runners	FSEN	39:27	46		
97	2889	Bennett	Dawn	Vale of York Athletic Community	F40	39:29	17		Y
98	2834	Chapman	Sam	St Therasas AC	F40	39:32	18		
99	2593	Barber	Catherine	Nidd Valley Road Runners	FSEN	39:33	47		
100	3203	Kaina	Fay	Saltaire Striders	FSEN	39:39	48		
101	2998	Linford	Josephine	Wetherby Runners AC	FSEN	39:40	49		
102	3245	Churm	Lucy	Kirkstall Harriers	F40	39:42	19		
103	2944	Reid	Carol	Valley Striders AC	F40	39:49	20		

104	3414	Bissett	Maddie	Kippax & District Harriers	FSEN	39:55	50		
105	2555	Robertson	Susie	Kirkstall Harriers	FSEN	40:20	51		
106	2220	Nunn	Katy	Chapel Allerton Runners	FSEN	40:30	52		
107	2053	Mottley	Beverley	Abbey Runners	F55	40:36	3		
108	2701	Waite	Sarah	Rothwell Harriers & AC	F35	40:44	8		
109	2289	Moul	Sue	Harrogate Harriers & AC	F55	40:50	4		
110	2234	Ross	Shantel	Chapel Allerton Runners	FSEN	40:51	53		
111	2386	Evans	Clare	Hyde Park Harriers	FSEN	40:54	54		
112	2191	Forster	Lora	Chapel Allerton Runners	F40	40:56	21		
113	2559	Spencer	Collette	Kirkstall Harriers	F50	40:57	6		
114	2151	Thomson	Eleanor	Airecentre Pacers	F45	40:59	19		
115	2314	Howroyd	Alissa	Horsforth Fellandale	F40	41:01	22		
116	2803	Nash	Louise	Saltaire Striders	F50	41:02	7		
117	2726	Fraser	Elsbeth	Roundhay Runners	FSEN	41:02	55		
118	2399	Haddon	Julie	Hyde Park Harriers	F50	41:03	8		
119	2317	Kingston	Naomi	Horsforth Fellandale	FSEN	41:03	56		
120	2450	Siswick	Fleur	Hyde Park Harriers	FSEN	41:10	57		
121	2715	Chivers	Ann	Roundhay Runners	F40	41:11	23		
122	2391	Forwood	Nicola	Hyde Park Harriers	F35	41:25	9		
123	2361	Brooks	Chloe	Hyde Park Harriers	FSEN	41:26	58		
124	2086	Taylor-Cross	Katie	Abbey Runners	FSEN	41:28	59		
125	2533	Denholm	Kat	Kirkstall Harriers	FSEN	41:34	60		
126	2079	Scott	Katharine	Abbey Runners	F40	41:38	24		
127	2604	Holleran	Christine	Nidd Valley Road Runners	F55	41:40	5		
128	2333	Fenton	Hazel	Horsforth Harriers	F40	41:41	25		
129	3105	Clarke	Caroline	Horsforth Fellandale	F60	41:45	3	Y	
130	3004	Warner	Emma	Wetherby Runners AC	F45	42:01	20		
131	2514	Hunter	Alison	Kippax & District Harriers	F60	42:16	4		
132	3043	Sleight	Harriet	York Postal Harriers	FSEN	42:22	61		
133	2102	Cooke	Rachel	Ackworth Road Runners	F55	42:27	6		
134	2125	Smith	Emma	Ackworth Road Runners	F45	42:29	21		
135	2511	Hawking	Veronica	Kippax & District Harriers	F35	42:33	10		
136	2751	Paliuc	Maria	Roundhay Runners	FSEN	42:37	62		
137	2930	Keevash	Becca	Valley Striders AC	F40	42:37	26		
138	2631	Ventress	Rebecca	Nidd Valley Road Runners	F45	42:38	22		
139	2532	Crossley	Jane	Kirkstall Harriers	F35	42:45	11		
140	2557	Selby-Grace	Paris	Kirkstall Harriers	FSEN	42:45	63		
141	2509	Foulke	Andrea	Kippax & District Harriers	F45	42:54	23		
142	3034	Holmes	Hannah	York Postal Harriers	FSEN	43:00	64		
143	2245	Wheatley	Bekki	Chapel Allerton Runners	F40	43:06	27		
144	2705	Wilson	Trish	Rothwell Harriers & AC	F45	43:10	24		
145	2372	Coleman	Sarah	Hyde Park Harriers	FSEN	43:13	65		
146	3338	Fairhall	Sarah	Abbey Runners	FSEN	43:16	66		
147	3318	Ashworth	Kathryn	Abbey Runners	F45	43:21	25		
148	3119	Culshaw	Robin	Hyde Park Harriers	FSEN	43:26	67		
149	2448	Shipp	Ellie	Hyde Park Harriers	FSEN	43:27	68		
150	2612	Mills	Karen	Nidd Valley Road Runners	F45	43:29	26		
151	2646	Brazier	Sharon	Ripon Runners	F50	43:35	9		Y
152	3235	Lane	Emma	Horsforth Fellandale	FSEN	43:37	69	Y	
153	2171	Austin	Holly	Chapel Allerton Runners	F35	43:42	12		
154	2808	Shaw	Jenny	Saltaire Striders	FSEN	43:45	70		
155	2856	Johnson	Laura	St Therasas AC	F40	43:47	28		
156	2115	Mccormack	Maya	Ackworth Road Runners	F40	43:48	29		

157	3158	Thomas	Victoria	Nidd Valley Road Runners	F50	43:49	10		
158	2204	Hinch	Nicola	Chapel Allerton Runners	F45	43:50	27		
159	2387	Evans	Stephanie	Hyde Park Harriers	FSEN	43:55	71		
160	2995	Johnson	Jo	Wetherby Runners AC	F50	43:55	11		
161	2143	Keene	Catherine	Airecentre Pacers	F35	44:05	13		
162	2832	Belford-Mcdowell	Lisa	St Therasas AC	F50	44:07	12		
163	2504	Durkin	Linda	Kippax & District Harriers	F55	44:10	7		
164	3253	Harlock	Megan	Rothwell Harriers & AC	F40	44:14	30		
165	2588	Wilkinson	Paula	Knaresborough Striders	F55	44:18	8		
166	2979	Bell	Valerie	Wetherby Runners AC	F55	44:21	9		
167	2521	Richardson	Emma-Jane	Kippax & District Harriers	F40	44:21	31		
168	1411	Wilkinson	Nadene	Nidd Valley Road Runners	F35	44:31	14		Y
169	2677	Harrison	Sue	Rothwell Harriers & AC	F65	44:35	1		
170	2874	Wilson	Clare	St Therasas AC	F45	44:46	28		
171	2850	Hacker	Tanya	St Therasas AC	F45	44:47	29		
172	3418	Clarke-Williams	Rachel	Rothwell Harriers & AC	F35	44:51	15		
173	2470	Zhang	Muyang	Hyde Park Harriers	FSEN	44:55	72		
174	2795	Love	Helen	Saltaire Striders	F65	44:57	2		
175	2530	Boyles	Lucie	Kirkstall Harriers	FSEN	45:05	73		
176	3207	Warren	Vicky	St Therasas AC	F40	45:08	32		
177	2254	Briggs	Charli	Dragons Running Club (Leeds)	FSEN	45:10	74		
178	2731	Head	Christina	Roundhay Runners	FSEN	45:17	75		
179	2324	Barnett	Nicola	Horsforth Harriers	F45	45:20	30		
180	3085	Wrangles	Gail	Ackworth Road Runners	F50	45:26	13		
181	2928	Kara	Leila	Valley Striders AC	F55	45:34	10		
182	3430	Batey	Helen	Ackworth Road Runners	FSEN	45:43	76		
183	3147	Gibson	Debbie	Nidd Valley Road Runners	F60	45:54	5		
184	2790	Hey	Wendy	Saltaire Striders	F50	45:59	14		
185	2621	Scott	Ewa	Nidd Valley Road Runners	F50	46:27	15		
186	3140	Wrigley	Karina	Kippax & District Harriers	F40	46:28	33		
187	3132	Glaister	Catherine	Ilkley Harriers	F55	46:41	11		
188	2223	Owen	Kath	Chapel Allerton Runners	F40	46:42	34		
189	3062	Leech	Katherine	York Triathlon Club	F40	46:44	35		
190	2435	Prust	Jane	Hyde Park Harriers	F60	46:48	6		
191	2259	Porter	Emma	Dragons Running Club (Leeds)	F45	46:48	31		
192	2476	Gregory	Sarah	Ilkley Harriers	F40	46:52	36		
193	2618	Pattinson	Angela	Nidd Valley Road Runners	F35	46:54	16		
194	2549	Moran	Carol	Kirkstall Harriers	F60	46:55	7		
195	2375	Crossley-Fells	Ellie	Hyde Park Harriers	FSEN	46:59	77		
196	2706	Allison	Caroline	Roundhay Runners	F55	47:00	12	Y	
197	2721	Cook	Mags	Roundhay Runners	F70	47:09	1		
198	2730	Hall	Sarah	Roundhay Runners	F40	47:13	37		
199	2578	Harrop	Emma	Knaresborough Striders	F55	47:20	13		
200	2077	Salih	Jasmine	Abbey Runners	F50	47:37	16		
201	2660	Skinner	Sue	Ripon Runners	F60	47:43	8		Y
202	3393	Hulme-Vickerstaff	Lisa	Abbey Runners	F55	47:46	14		
203	2540	Hipkiss	Vicki	Kirkstall Harriers	F55	48:03	15		
204	2085	Swales	Donna	Abbey Runners	F40	48:16	38		
205	3095	Steele	Julie	Eccleshill Road Runners	F60	48:27	9		
206	3313	Fotherby	Pascale	Valley Striders AC	F40	48:31	39		
207	3347	Ashton	Clare	Dragons Running Club (Leeds)	F45	48:33	32		
208	2439	Rhodes	Jo	Hyde Park Harriers	FSEN	48:40	78		
209	2501	Davies	Iona	Kippax & District Harriers	F35	48:43	17		

210	3083	Walker	Ruth	Ackworth Road Runners	F40	48:44	40		
211	2364	Bryant	Danni	Hyde Park Harriers	FSEN	48:52	79		
212	2479	Jacques	Helen	Ilkley Harriers	F55	48:53	16	Y	
213	3053	Holmes	Emma	York Triathlon Club	F35	48:54	18		
214	2201	Higgins	Clare	Chapel Allerton Runners	FSEN	49:09	80		
215	2976	Rickerby	Jo	Vegan Runners UK	F45	49:13	33		Y
216	2394	Garratt	Laura	Hyde Park Harriers	F40	49:14	41		
217	2129	Tombs	Gail	Ackworth Road Runners	F70	49:15	2		
218	2235	Sargison	Emma	Chapel Allerton Runners	F40	49:28	42		
219	2547	Mingham	Joanna	Kirkstall Harriers	F65	49:42	3		
220	2519	Pell	Valerie	Kippax & District Harriers	F65	49:51	4		
221	2311	Addison	Dianne	Horsforth Fellandale	F55	49:52	17		
222	2144	Keighley	Carole	Airecentre Pacers	F60	50:00	10		
223	2159	Chadwick	Jasmin	Bradford Airedale AC	FSEN	50:05	81		
224	3314	Sabourn	Jillian	Valley Striders AC	F55	50:17	18		
225	2650	Dickinson	Kate	Ripon Runners	F35	50:32	19		Y
226	3310	Mcmorran	Lindsay	St Therasas AC	F35	50:41	20		
227	3301	Pauling	Alison	Ripon Runners	F65	50:42	5		Y
228	2347	Thorp	Pauline	Horsforth Harriers	F60	50:59	11		
229	2520	Penrose	Kate	Kippax & District Harriers	F65	51:16	6		
230	2561	Taylor	Samantha	Kirkstall Harriers	F35	51:27	21		
231	2554	Riach	Emily	Kirkstall Harriers	FSEN	51:29	82		
232	2097	Berry	Wendy	Ackworth Road Runners	F60	51:44	12		
233	2167	Allen	Elizabeth	Chapel Allerton Runners	F50	52:30	17		
234	2116	Mckinnell	Amanda	Ackworth Road Runners	F65	52:33	7		
235	3281	Latham	Katie	Ackworth Road Runners	F45	52:33	34		
236	2815	Thaper	Claire	Saltaire Striders	F40	52:36	43		
237	2200	Hembra	Daniella	Chapel Allerton Runners	F45	52:58	35		
238	2800	Mistry	Urmila	Saltaire Striders	F60	53:05	13		
239	2483	Lofthouse	Kate	Ilkley Harriers	F60	53:35	14		
240	3417	Rhodes	Susy	Nidd Valley Road Runners	F40	53:42	44		
241	3059	Jones	Rhiannon	York Triathlon Club	FSEN	53:57	83		
242	3065	Schofield	Emily	York Triathlon Club	FSEN	53:57	84		
243	2493	Wright	Sally	Ilkley Harriers	F60	54:01	15		
244	2625	Smith	Michelle	Nidd Valley Road Runners	F50	54:02	18		
245	2605	Hornsby	Jill	Nidd Valley Road Runners	F65	54:04	8		
246	2188	Evans	Tara	Chapel Allerton Runners	FSEN	54:08	85		
247	3166	Walburn	Annette	Ripon Runners	F60	54:15	16		Y
248	2859	Levitt	Julie	St Therasas AC	F45	54:18	36		
249	2149	Owens	Melissa	Airecentre Pacers	F55	54:55	19		
250	2118	Middleton	Carol	Ackworth Road Runners	F60	55:07	17		
251	2839	Fallon	Lynne	St Therasas AC	F70	55:33	3		
252	2010	Bastin	Katie	Abbey Runners	FSEN	55:52	86		
253	2119	Morris	Sally	Ackworth Road Runners	F55	56:43	20		
254	3054	Holmes	Rachael	York Triathlon Club	FSEN	56:51	87		
255	2614	Morten	Sylvia	Nidd Valley Road Runners	F60	56:55	18		
256	2082	Smith	Judith	Abbey Runners	F65	58:06	9		
257	2894	Holliday	Kyra	Vale of York Athletic Community	FSEN	58:07	88		Y
258	3057	Huxford	Lizzy	York Triathlon Club	F35	58:35	22		
259	2181	Connolly	Belinda	Chapel Allerton Runners	F60	58:40	19		
260	2805	Pepper	Sheila	Saltaire Striders	F70	59:48	4		
261	2591	Ahmad	Liz	Nidd Valley Road Runners	F65	1:00:20	10		
262	2708	Archibald	Avril	Roundhay Runners	F40	1:00:44	45		

263	3231	Buckley	Ann	Dragons Running Club (Leeds)	F40	1:01:04	46	Y	
264	3052	Crossley	Hannah	York Triathlon Club	FSEN	1:06:22	89		